



MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG	LÖRDAG	SÖNDAG
15/12 12.00–13.00 HATHA <i>Hanna</i> 17.30–19.00 HATHA <i>Malin</i>	16/12 12.00–13.00 VINYASA <i>Victoria</i> 17.30–19.00 VINYASA <i>Hanna</i> 19.30–21.00 YIN MEDITATION <i>Hanna</i>	17/12 12.00–11.00 YIN <i>Hanna</i> 17.30–19.00 VINYASA <i>Alex</i> 18.00–19.00 SOFT HATHA <i>Eva O</i> 19.15–20.30 YIN <i>Eva O</i>	18/12 12.00–13.00 HATHA & PRANAYAMA <i>Victoria</i> 17.30–19.00 YANG/YIN <i>Victoria</i> 20.00–21.00 KLANGMEDITATION <i>Paula</i>	19/12 12.00–13.00 VINYASA <i>Victoria</i>	20/12 08.30–09.30 SOFT HATHA <i>Eva O</i> 10.00–11.30 VINYASA <i>Victoria</i>	21/12 10.00–11.30 VINYASA <i>Hanna</i> 18.00–19.30 RESTORATIVE & SOUND <i>Veronica</i>
22/12 17.30–19.00 JOYFUL FLOW <i>Malin</i>	23/12 10.00–11.30 X-MAS VINYASA <i>Victoria</i>	24/12 CHRISTMAS EVE RELAX & ENJOY	25/12 10.00–11.30 CHRISTMAS DAY YIN <i>Hanna</i>	26/12 12.00–13.00 HATHA & PRANAYAMA <i>Hanna</i> 16.00–17.30 COMMUNITY KIRTAN <i>Friends of Little Peace</i>	27/12 11.00–12.00 BOLLY BHANGRA DANCE <i>Susheel</i>	28/12 10.00–11.30 HATHA & MANTRAS <i>Eva O</i> 16.30–18.00 RESTORATIVE <i>Mirja</i>
29/12 12.00–13.00 HATHA <i>Mirja</i> 17.30–19.00 NEW YEARS FLOW <i>Malin</i>	30/12 17.30–19.00 SOFT HATHA <i>Hanna</i> 19.30–20.30 MEDITATION <i>Hanna</i>	31/12 10.00–11.30 FLOW & BUBBLES <i>Victoria</i>	1/1 NEW YEARS DAY RELAX & ENJOY	2/12 10.00–11.30 YANG/YIN <i>Victoria</i>	3/1 10.00–11.30 SOFT HATHA <i>Eva O</i>	4/1 10.00–11.30 VINYASA <i>Victoria</i> 16.30–18.00 NEW YEARS INTENTION <i>Paula</i>
5/1 12.00–13.00 HATHA <i>Hanna</i> 17.30–19.00 CLEANSING FLOW <i>Malin</i>	6/1 TRETTONDAGSAFTON 10.00–11.30 YANG/YIN <i>Hanna</i>	7/1 12.00–11.00 YIN <i>Hanna</i> 17.30–19.00 VINYASA MED LIVEMUSIK I SHAVASANA <i>Victoria</i>	8/1 17.30–19.00 EMBODIED FLOW <i>Veronica</i> START! YOGA & YOU 19.30–21.00 YIN & SOUND <i>Victoria + Paula</i>	9/1 12.00–13.00 VINYASA <i>Victoria</i> 19.30–21.00 SOUNDBATH (BOOKED SEPARATELY) <i>Paula & Michael</i>	10/12 10.00–11.30 VINYASA <i>Victoria</i>	11/12 10.00–11.30 YANG/YIN <i>Victoria</i> 16.30–18.00 RESTORATIVE <i>Mirja</i>

